

Triple Sports Camp: Dodgeball/Basketball/ Flag Football

8yrs – 15yrs

Participants will work on fundamentals with drills and contests before playing regular games. In dodgeball, participants will work on throwing, aim, and how to strategically force opposing players out of bounds. Basketball will include shooting, passing, ball handling moves, and defense. Flag Football will teach the kids route running, how to play man to man defense, and small scrimmages. Participants are encouraged to bring a water bottle and sun screen. \$10 late fee begins June 15. Location: Walker Grant Middle School

Monday – Friday, 9:00am – 12:00pm July 5 - July 8

\$40/\$60 (residents/non-residents)

Softball Camp

8yrs – 15yrs

Learn the fundamental skills of softball from the James Monroe High School softball coaches. Players will be taught basic skills, individual position play, and hitting. Players need to bring a softball glove, water bottle and are encouraged to wear a cap every day. \$10 late fee begins June 29. Location: James Monroe High School

**Monday-Friday, 8:00am-11:00am
July 11-July 15**

\$40/\$60 (residents/non-residents)

Youth Inline Roller Hockey Camp

6yrs-15yrs

Come learn the game of Roller Hockey from the area's best! Featuring five days of games and drills that cover the fundamentals of roller hockey including skating, stick-handling, passing, and shooting. Whether your child is a beginner or a seasoned veteran, this camp offers the opportunity to learn and improve on skills. Location: Golden Skateworld

**Monday-Friday, 4:00pm-6:00pm
July 18-22**

\$40/\$60 (residents/non-residents)

Field Hockey Camp

8yrs – 15yrs

Learn stick handling, strategy, defensive positioning, and goal keeping from top area coaches and players. Campers are encouraged to wear loose fitting clothes and bring a water bottle to camp each day. \$10 late fee begins June 1. Pre-registration required. Location: Dixon Park

Monday – Friday, 8:00am – 11:00am

June 20 – June 24

\$40/\$60 (residents/non-res)

Youth Field Hockey

Rookie (7yrs – 9yrs)

Junior (10yrs – 11yrs)

Seniors (12yrs – 15yrs)

Grab your stick and join one of the fastest growing sports programs in the area. Practices are either Mondays & Wednesdays, or Tuesday & Thursdays. Games are during the week and on Saturdays. All practices and games will be held at Dixon Park. The age determination date is November 1. **Registration begins June 7 for City residents and June 14 for Non-City residents. Deadline to register is July 14.** There is a \$10 late registration fee after July 14. **SPECIAL REGISTRATION FORM REQUIRED.**

Location: Dixon Park

Mondays – Saturdays, Times Vary

August 22 – October 22

\$25/\$50 (residents/non-residents)



Field Hockey Conditioning Clinic

11yrs-17yrs

Thinking about trying out for your schools field hockey team? This conditioning clinic will provide fundamental instruction to help get you prepared for tryout day. Coach Regina Baker will lead this conditioning clinic as participants will work on stick handling, strategy, defensive positioning and goal keeping. **Registration begins June 7 for City residents and June 14 for Non-City residents. Deadline to register is July 7.** There is a \$10 late registration fee after July 7. **SPECIAL REGISTRATION FORM REQUIRED.** Location: Dixon Park

Monday-Wednesday, 6:00pm-7:30pm

July 18-20

\$15/\$20 (residents/non-residents)

Lil' Strikers Field Hockey

5yrs – 6yrs

Join this program that will introduce your child to Field Hockey and prepare them for our Field Hockey league. Register early to ensure your spot in this exciting program. No waivers for Lil' Strikers will be allowed. The age determination date is November 1. **Registration begins June 7 for City residents and June 14 for Non-City residents. Deadline to register is August 11.** There is a \$10 late registration fee after August 11. **SPECIAL REGISTRATION FORM REQUIRED.** Location: Dixon Park

Saturdays, Times Vary

September 10 – October 8

\$20/\$40 (residents/non-residents)



Sports



Sports

Youth Tackle Football

JV (7yrs-9yrs)

Varsity (10yrs-12yrs)

Fredericksburg Parks and Recreation is a member of the Rappahannock River Youth Football League (RRYFL), and games are played across the Fredericksburg and Northern Neck area. Practices are held at Old Mill Park and Walker-Grant Middle, and scheduled to begin Monday, July 25. This is a travel-intensive program, and fills quickly. Age determination date is October 1, 2016. **Registration begins May 10 for City residents and May 17 for Non-City residents.**

Deadline to register is June 30. There is a \$10 late registration fee after June 30. SPECIAL REGISTRATION FORM REQUIRED.

Location: Old Mill Park, WGMS, & Other Localities

Mondays – Saturdays, Times Vary

July 25 – Nov 5

\$90/\$120 (residents/non-residents)

Youth Flag Football

5yrs-6yrs

Learn the basic fundamentals in this league designed for fun, sportsmanship and teamwork. Practices start Monday, August 15 at Old Mill Park. Age determination date is October 1st, 2016.

Registration begins June 7 for City residents and June 14 for Non-City residents. Deadline to register is July 21. There is a \$10 late registration fee after July 21. SPECIAL REGISTRATION FORM REQUIRED. Location: Old Mill Park and Maury Stadium

Mondays and Wednesdays, Times Vary

August 15 – October 15

\$25/\$50 (residents/non-residents)

Lil' Rushers Football

4yrs – 5yrs

This FUNdamental program teaches boys and girls the basic skills of the game including passing, catching, running, and offensive/defensive plays. This 5-week program is designed to inspire each child's interest in football, while having the opportunity to interact with other children the same age. No age waiver into Lil' Rushers Football allowed. Age determination date is October 1. **Registration begins June 7 for City residents and June 14 for Non-City residents. Deadline to register is August 11.** There is a \$10 late registration fee after August 11. SPECIAL REGISTRATION FORM REQUIRED. Location: Old Mill Park

Saturdays, September 10 – October 8

9:00 am

\$20/\$40 (residents, non-residents)

Lil' Kickers Soccer

4yrs – 5yrs

Lil' Kickers is our introduction to soccer program for kids, teaching players the basic fundamental skills to soccer in a non-competitive, encouraging environment. The program meets for one hour over five Saturdays at Dixon Park. Teams will practice for the first 30 minutes, and scrimmage for the last 30 minutes. No age waiver into Lil' Kickers Soccer is allowed.

The age determination date is November 1. **Registration begins June 7 for City residents and June 14 for Non-City residents. Deadline to register is August 11.** There is a \$10 late registration fee after August 11. SPECIAL REGISTRATION FORM REQUIRED. Location: Dixon Park

Saturdays, September 10 – October 8

Session I: 9:00am - 10:00am

Session II: 10:00am - 11:00am

\$20/\$40 (residents/non-residents)



Youth Fall Soccer

Novice (6yrs – 7yrs)

Rookie (8yrs – 9yrs)

Junior (10yrs – 12yrs)

Senior (13yrs – 16yrs)

Players learn fundamentals including dribbling, passing, shooting and teamwork. Practices are on either Mondays & Wednesdays, or Tuesdays & Thursdays. Games are during the week and on Saturdays. All practices and games will be held at Dixon Park. The age determination date is November 1.

Registration begins June 7 for City residents and June 14 for Non-City residents. Deadline to register is July 14. There is a \$10 late registration fee after July 14. SPECIAL REGISTRATION FORM REQUIRED. Location: Dixon Park

Mondays – Saturdays, Times Vary

August 22 – October 22

\$25/\$50 (residents/non-residents)





Midnight Madness Summer Series

11yrs-17yrs

This summer series is designed to provide a positive experience for the youth throughout the summer. There will be an educational workshop each evening in addition to playing basketball in a structured setting.

This Summer Series is a free program and is for City residents only. The Midnight Madness

Summer Series will have multiple nights of Splash Time at Dixon Park Pool along our special route. In Partnership with the City Schools and Policy Department, bus transportation will be provided to and from Walker Grant Middle School and Dixon Park Pool. Participants must be 11yrs by June 19th to start the program. There will be no age waivers for this program, no online registration, and no registrations will be accepted on site. Registration opens April 4, 2016. You must register at Dorothy Hart Community Center.

Fridays, 7:30pm-11:00pm

June 24 – August 26

Location: Walker Grant Middle School and Dixon Park Pool
Free



City of Fredericksburg Badges for Baseball

Ages: 8-12

June 20 - June 24,

Monday – Friday

9:00 AM – 1:00 PM

Get more information on Badges for Baseball and more great happenings and summer camps at
www.sunshineballpark.org

Thank you Coaches!

We appreciate you taking the time to coach during our basketball program!

Cary Young	Nate Robinson
Charlie Frye, Jr.	Paul Horn
Darryl Schnellenberger	Rebekah Cousins
David Rouse	Rob Landeck
Donya Johns, Sr.	Robert Smith
Evely Euripides	Romel Turner, Sr.
Jammie Franklin	Sarah Atkinson
Jason Carter	Shaneka Jones
Jennifer Gallaway	Shirelle Jacobs
Joseph Behnke	Thomas Marinari, Sr.
Ken Wallace	Travon Lucas
Kevin Tighe	Vince Ventura
Mavis Allen	

A huge thanks for our coaches, volunteers, players and parents who helped make our season successful. We look forward to working with you in seasons to come!

Thank you Basketball Sponsors

Ventura Law Associates
United Mine Workers of America
Jarrell, Hicks & Waldman, PC
B&B Investment, LLC.
Lighthouse Academy
Goolricks Pharmacy
Life Touch Sports
Stacy Horne- Allstate Insurance
The Crews Team

Want to sponsor or coach a team?
Summer Coaches and Sponsors
are needed!

Contact Justin Bullock at
540-372-1086 x214



Sports